

Mt George – Humane Intermediate/Lite

Distance: 59.9 miles

Climb: 2,260

Start: Benicia State Recreation Area, Military West & West K, Benicia

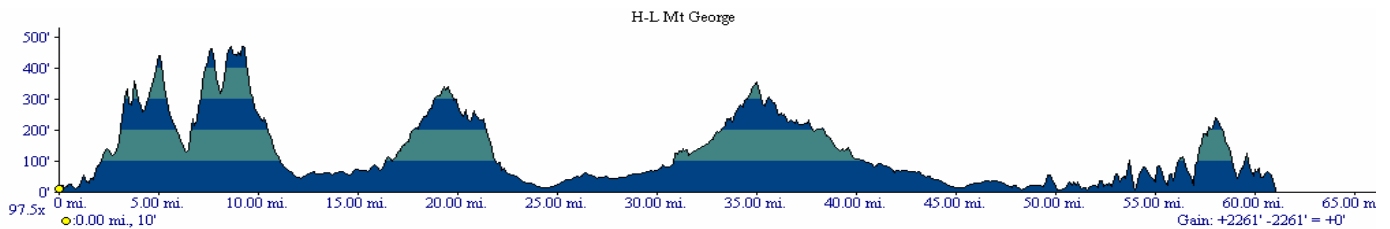
Dir	Street/Road	At	Go	Comments
	Benicia State Recreation Area	0.0		Military West & West K
	Bay Trail	0.0	0.7	
R	Rose	0.7	0.1	
L	Rose	0.8	0.2	
L	Columbus Parkway	1.0	1.8	
R	Columbus Parkway	2.8	3.1	a little climbing
C	Bike path @ Columbus Pkwy & Admiral	5.9		prepare to climb/exit bike path and continue
C	Callaghan Ln	5.9	2.8	on service road
L	American Canyon	8.7	3.1	narrow shoulder
R	Highway 29	11.8	3.8	
R	Jameson Canyon Rd. Highway 12	15.6	5.6	5.1 mile climb
R	Red Top Road	21.2	0.4	not a well marked turn/close to freeway
RS	Circle K at Red Top & Interstate 80	21.6	0.0	Also a Jack in the Box
L	Red Top Road	21.6	0.6	
L	Watt Dr	22.2	0.6	
R	Fulton Dr	22.8	0.5	
L	Lopes Rd	23.3	0.6	
C	Green Valley Rd	23.9	0.6	
R	Mangels Blvd	24.5	0.9	
L	Suisun Valley Rd	25.4	1.2	
R	Rockville Rd	26.6	1.7	
N	Abernathy Rd	28.3	1.8	Traffic circle
BL	Mankas Courner Rd	30.1	1.4	
R	Clayton Rd	31.5	0	3-way stop, Clayton isn't clearly marked
BL	Gordon Valley Rd	31.5	3.9	Y intersection
L	Wooden Valley Cross Rd	35.4	1.3	Watch for
L	Wooden Valley Rd	36.7	0.9	
C	Suisun Valley Rd	37.6	6.8	
R	Mangels Blvd	44.4	0.9	
L	Green Valley Rd	45.3	0.6	
C	Lopes	45.9	8.3	
RS	Lopes & Lk. Herman Rd.	54.2	3.7	Shell Station (if needed)
C	2nd Street	57.9		
R	Military East	57.9	1.9	
L	West K	59.8	0.1	
R	Benicia State Park parking lot	59.9		FINISHED!!!!

R=right L=left C=continue BR=bear right BL=bear left RS=rest stop N=north F=finish X=cross



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Mt George – Advanced/Advanced Intermediate

