

**Morgan Territory - Light**

Distance: 30.3 miles      Climb: 1,100 feet

Start: Concord BART

Dir	Street/Road	At	Go	Comments
E	Concord BART	0.0	0.1	Exit BART lot
L	Oakland Ave	0.1	0.1	
R	Clayton Rd	0.2	0.5	
R	Contra Costa Canal Trail	0.7	3.8	Just past light at Coventry/6th streets
X	Tunnel under Ygnacio	4.5	1.5	Just past light at Coventry/6th streets
L	Oak Grove	6.0	0.1	Wooden fence
C	Castle Rock	6.1	1.8	At traffic circle
RG	End of road, turn around	7.9	1.9	Picnic tables, shade, not drinking water
L	Walnut Ave	9.8	1.1	L on Regency Dr., bathrooms/water
L	Blackstone Dr	10.9	0.1	Signed bike route
R	El Divisidero	11.0	0.3	Signed bike route
R	San Antonio	11.3	0.1	Signed bike route
L	Los Cerros	11.4	0.2	Signed bike route
R	San Carlos	11.6	0.6	Do NOT follow signed bike route that goes straight toward John Muir hospital
RG	Park	12.2	0.1	Rest rooms, water, by baseball stands
R	Trail	12.3	0.1	Street turns left, trail goes straight
L	Contra Costa Canal Trail	12.4	0.6	Just after crossing little bridge
L	Iron Horse Trail	13.0	1.1	Just after crossing little bridge
X	Big bridge over Ygnacio	14.1	1.0	
X	Trail crosses both streets at this intersection	15.1	1.1	Trail starts again by Whole Foods
R	South Main	16.2	0.3	Just after crossing under freeway
L	Castle Hill	16.5	0.2	
R	Lancaster	16.7	0.7	
L	Lilac	17.4	0.2	
L	Newell	17.6	0.5	
L	Olympic	18.1	1.6	
C	Lafayette-Moraga Trail	19.7	5.6	Olympic ends, trail starts, go straight
X	Moraga Rd	25.3	0.4	At Moraga Commons park, stay on trail
R	Moraga Way	25.7	4.5	Gas stations, rest rooms at left
R	Onto Sidewalk	30.2	0.1	Just after second stop light in Orinda, where "BART" and "FWY" are stenciled in the road. This is much safer than trying to make a left turn into BART lot.
L	Pedestrian bridge	30.3	0.0	Crosses over Camino Pablo to BART
F	Orinda BART	30.3		

L=left R=right C=continue BL=bear left BR=bear right RG=regroup RS= rest stop X=cross

MAY2011

www.oaklandyellowjackets.org

Morgan Territory - Light

