

### Crockett Loop - Light

Distance: 40.7 miles      Climb: Unk.  
Start: Lake Merritt, Bellevue Ave

Dir	Street/Road	At	Go	Comments
N	Bellevue Ave	0.0	0.1	
L	Grand Ave	0.1	0.1	
R	Bay Pl	0.2	0.3	
BL	27th St	0.5	0.3	
R	Telegraph Ave	0.8	0.1	
L	29th St	0.9	0.2	
R	Martin Luther King Jr Way	1.1	1.0	
L	45th St	2.1	0.3	
R	Market St	2.4	1.0	
C	Sacramento St	3.4	2.3	at Berkeley City Limit
L	Hopkins St	5.7	0.1	
R	Gilman St	5.8	0.4	
R	Santa Fe Ave	6.2	0.1	
BL	Key Route Blvd	6.3	1.4	
C	Ashbury Ave	7.7	0.9	at El Cerrito City Limit
L	Moeser Ln	8.6	0.1	
R	Richmond St	8.7	0.9	
C	Elm St	9.6	0.1	
BL	Key Blvd	9.7	1.2	
R	McLaughlin St	10.9	0.1	
BR	Clinton Ave	11.0	0.2	
L	Amador St	11.2	1.1	
BR	San Pablo Dam Rd	12.3	1.4	
RG	Jack in the Box @ Appian Way	13.7	0.0	bathroom and water (and Jumbo Jacks)
L	Appian Way	13.7	1.1	
BL	Appian Way	14.8	0.9	
BL	Appian Way	15.7	1.1	
R	San Pablo Ave	16.8	2.7	
L	Willow Ave	19.5	0.0	
C	Parker Ave	19.5	0.7	
C	San Pablo Ave	20.2	2.9	
C	Pomona	23.1	1.3	
C	Carquinez Scenic Dr	24.4	3.3	
C	Carquinez Scenic Dr	27.7	2.9	Pass by the gate to abandoned road
C	Carquinez Scenic Dr	30.6	0.8	Pass around the gate back to the road
BR	Talbert St	31.4	0.2	
L	Main St	31.6	0.1	
R	Barrellessa St	31.7	0.7	
BR	Alhambra Ave	32.4	0.5	
RS	Martinez Safeway	32.9	0.0	Just after F St
R	Alhambra Ave	32.9	1.2	
BL	Alhambra Ave	34.1	2.8	Do not take Alhambra Valley Rd.
C	Pleasant Hill Rd.	36.9	1.8	at Taylor
L	Oak Park Blvd.	38.7	1.3	
C	Coggins	40.0	0.7	
F	Pleasant Hill BART	40.7	0.0	

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross