

**American River Trail - All Groups**

Distance: 59.2 miles      Climb: 1118 feet

Start: Sacramento Amtrak, 401 I St, Sacramento

| Dir | Street/Road          | At   | Go   | Comments                                |
|-----|----------------------|------|------|---|
| S   | Sacramento Amtrak    | 0.0  | 0.1  | Head west out of Parking Lot            |
| L   | 2nd Street           | 0.1  | 0.1  | the first street you come to            |
| R   | I ("eye") Street     | 0.2  | 0.1  | At California State Railroad Museum     |
| R   | American River Trail | 0.3  | 1.0  | At the river                            |
| L   | Jiboom Street        | 1.3  | 0.2  | Go over the bridge                      |
| L   | American River Trail | 1.5  | 28.0 | At north end of the bridge              |
| R   | Exit Bike Trail      | 29.5 | 0.0  | After the Folsom Blvd overpass          |
| R   | Gold Lake Drive      | 29.5 | 0.1  | At motel lot, R up hill, L at street    |
| RS  | LUNCH                | 29.6 | 0.0  | Karen's Bakery, Gold Lake & Leidesdorff |
| C   | Bike Trail           | 29.6 | 0.1  | Thru motel lot to the bike trail        |
| L   | American River Trail | 29.7 | 28.0 | At bike trail                           |
| R   | Jiboom Street        | 57.7 | 0.2  | Go over the bridge                      |
| R   | American River Trail | 57.9 | 1.0  |   |
| L   | Off the Bike Trail   | 58.9 | 0.1  | At California State Railroad Museum     |
| L   | I Street             | 59.0 | 0.1  |   |
| R   | 2nd Street           | 59.1 | 0.1  | Under the freeway into the parking lot  |
| F   | Sacramento Amtrak    | 59.2 | 0.0  | FINISHED!                               |

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross